Foot Physics
the science of better motion
Ground Floor, 48 Atchison Street
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Thank You! - you've made an appointment with David Ferguson.

Here's some important information -

The first thing is that David is not a general podiatrist!

Motion analysis and the management of related pain, injury or abnormality is all David does and he's been doing it at the highest level for 30+ years. His St Leonards practice is a purpose built 'gait laboratory', using the best research equipment to analyse and understand your specific problems.

David's forte is that he is thorough... very thorough. The attention to detail together with his **rational and honest** approach are the main reasons why patients are referred specifically to see him. The assessment with David aims to provide **real evidence** for why your problems have occurred and use the science of motion to help make the best management decisions that are right for you.

Your initial consultation including walking gait analysis will take about **60 minutes** and will cover a lot of territory. It is split up into four parts:

- Meet and Greet: history taking and discussion about why you are here
- Physical Examination: muscle testing, joint range of motion studies, clinical symptom testing
- Assessments: multi-angle walking video gait analysis / plantar pressure analysis.
- Discussion of Findings: where David will explain his findings and discuss your options

The assessment is very visual, using graphic animations, anatomical models and your own motion studies and pressure analysis data, all presented on the 'big screen'. This information serves as an excellent visual record or can even be **packaged and sent to other medical practitioners** like your physiotherapist or chiropractor, so that they can see what's going on and assist them in their own management decisions.

You will need to **bring some shorts or three quarter length pants** as David will be assessing more than your foot. The thing about the way we move is that it is complicated... one part inevitably affects another and David understands that the foot is not always the cause of the problem.

Don't forget shoes! You will need to bring with you no more than three pairs (typically trainers and daily shoes). Please bring a referral if you have one, plus details of any MRI/xrays (no need to bring films).

Once David has gathered all the diagnostic information he needs, an appropriate management plan will be designed specifically for your needs. This usually includes a variety of options and David will work with you to find the strategy that will work best for you. If prescription casted Orthotic devices are recommended by David their prescription / fitting may not be appropriate until further investigations (eg ultrasound, xray), assessment by allied Specialists (eg. Sports Physician, Osteopath) or remedial strategies (eg. taping, exercises) have been undertaken. For this reason no subsequent appointments can be booked until David has completed his assessment.

Other Appointment Information:

A GP referral is not required.

When your consultation has concluded, our reception staff will be on hand to answer any administrative queries. ***Payment of $365 is due at the conclusion of your 60 minute assessment.*** Cash payments can only be accepted if no change is required. When you submit your Health Fund claim at the clinic you authorise your fund to pay your Allied Health practitioner your agreed benefit, with the gap payable by you. The Initial Assessment codes are 004+118 (Initial Consultation + Biomechanical Assessment). These are APodA/Health Fund standard codes and are not negotiable. From 1 January 2026 David's base rate is $80 per 15 minutes or part thereof, billable as 30, 45 or 60+ minutes.

If you intend to use a Chronic Condition Management Plan (previously EPC) for Medicare rebate provided by your GP please notify us and forward it as soon as possible. If we are unable to process it at the time of billing this may affect your claiming capacity. When you do provide a valid CCM/EPC to Reception you are authorising Foot Physics to adjust the consultation item number from APodA/Healthfund codes to Medicare Codes, thus acknowledging that you will not co-claim Medicare and Healthfund for consultation items.

Usually a maximum of 3 visits is required. CCM/EPC provides a partial refund of the Consultation fee to you. Please note we are unable to submit your claim to Medicare but will provide you with a receipt to put to them via Medicare Online/MyGov. Investigations (item 118,301) and orthotic devices (221, 267) may be claimable from private health.

NDIS and DVA (Gold/White) participants are required to settle their account directly with us at the time of consultation as Advanced Gait Dynamics Pty Ltd t/a Foot Physics does not bill DVA or NDIS directly.

If you are a Workers Compensation or Third Party Insurance Claim, prior written approval from your case manager is essential. Please bring your referral, formal approval, claim number and billing details with you to your appointment. If we do not have all the necessary claim information at that time, you will need to pay the consultation yourself and seek reimbursement from your insurer.

Minors under the age of 17 will not be consulted / treated in absence of a parent or Legal Guardian unless the parent / Legal Guardian has provided written consent prior to the appointment.

OUR CANCELLATION & MISSED APPOINTMENTS POLICY

To help make life easier, when you provide a mobile phone number, a SMS confirmation will be sent. Please check the details as this is the date and time that you are in David's appointment diary and therefore the time at which you should attend. We try to accommodate unforeseen lateness as best as possible, however your consultation time may be reduced so that the following appointments do not run late.

Given the extended time David has dedicated to you and your appointment, late cancellation fees of 50-100% of the scheduled fee + GST will apply if we are unable fill your cancellation from our waitlist. Should you fail to attend your appointment (Missed Appointment/Did Not Attend) 100% of the scheduled fee will be billed and due prior to your booking another appointment. This fee may be discounted in extenuating circumstances and for one occurrence only if you contact our office in a timely manner, to a maximum of discount of $160.

Therefore, If your appointment needs to be changed or cancelled **we must receive a minimum of 24 hours/1 business day's notice by phone call to reception 99586265.** For example; if you are booked at 10.30am Monday we must receive notice by 10.30am Friday. *If we are unable to take your call please leave us a clear message so we can implement your cancellation and confirm by SMS that we have done this.*

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We are located in the Arden Building - **External Ground Floor, 48 Atchison Street, St Leonards. FREE 2 hour parking is available 300 metres away at the Hume Street Carpark or Coles Crows Nest (entry Atchison St) carpark. We strongly recommend that you utilise this carpark.** Ticketed 2 hour street parking is available outside the clinic on Atchison Street. Please visit https://www.northsydney.nsw.gov.au/parking-meters/parking-meter-rates-locations-guidelines to understand the newly installed PAY & Go meter. **St Leonards Station and Crows Nest metro are within 400 metres.**



If you have any queries, questions or concerns, please do not hesitate contacting reception on **02 9958 6265** or email us at **info@footphysics.com.au**

Further information about David Ferguson is available via our website: www.footphysics.com.au
We look forward to seeing you very soon.

The Foot Physics Team